Dear participants,

We are pleased to welcome you to the Amgen Scholars Programme 2019 as part of the International Munich Summer University (MISU) in Germany. We are confident that you will enjoy the programme and the extra-curricular activities which are an integral part of your summer schedule.

We also encourage you to participate in the vibrant international student life on the campus of the Ludwig-Maximilians-Universität (LMU) in Munich. The purpose of this guide is to provide you with a synopsis of important facts and information to make your stay as pleasant and productive as possible.

First of all, we would like to introduce the professional and academic staff of the programme:

Head of Amgen Scholars Program: Prof. Dr. Benedikt Grothe
Amgen Scholars Programme Coordination: Dr. Raluca Goron
MISU Accommodation Coordination: Katrin Strohhaecker, Jasmin Puschner

Please do not hesitate to contact us with questions or concerns that may arise.

We look forward to meeting you in Munich and getting to know all of you over the summer. We wish you all the best and, perhaps more importantly, we hope you have a wonderful time during the weeks you are about to spend in Munich.

Best wishes,

Dr. Raluca Goron, Amgen Scholars LMU Director

Before you leave for Munich

Please pack all important documents, including your passport, travel documents, and programme contact information in your carry-on luggage. We also recommend keeping one change of clothes in your carry-on. Please label your entire luggage with both your home address and the MISU programme office contact information:

YOUR NAME
MISU-LMU, IUCM (AMGEN)
Amalienstraße 89 / EG
80799 München
Germany

Checklist

☐ Valid passport/ID card: If you need a visa, apply for it well in advance
☐ Prescriptions (optical and general); extra medication (recommended)
☐ Credit card (MasterCard/VISA), debit card (Maestro/EC)
☐ ISIC card (recommended, www.isic.de)
☐ Munich travel guide book, some warm clothes and sturdy shoes
☐ Toiletry brands may differ from those in your home country, so you may want to bring your own
☐ Please bring your own towels, as they will not be provided for you.
☐ Bed linen, sheets, blankets and kitchen utensils will be provided
☐ Photocopies of your passport and other important documents: Never carry your original passport with you unless you are travelling
☐ Keep copies of your credit card numbers and phone numbers in order to cancel cards in case they are lost or stolen. Keep this information separate from your wallet

Note: The Student Guide can also be downloaded from our website: www.amgenscholars.mcn.uni-muenchen.de.
Travel to/from the Programme (June 28th – September 4th)

You will need to organize your own travel to and from the programme. You should plan to arrive at the Munich Airport no later than 1:00 p.m. on Friday, June 28th.

The programme ends with the Cambridge Symposium (August 31st - September 4th, 2019). Your return ticket home should be on September 4th from Cambridge (there are 6 airports around London which you could use in case you’ll be flying).

We will refund travel expenses to and from the programme up to € 350. All travel expenses will only be refunded with submission of original receipts (proof of payment) and boarding passes. Finalize all travel arrangements before coming to Munich, as we must receive all travel receipts by the second week of the programme. Please send us your travel information (dates of travel, depart/arrival time, airline information) via email (amgenscholars@bio.lmu.de) as soon as you have booked your trips.

Note: The flights TO the Cambridge Symposium (Stansted airport), as well as airport transfer and accommodation will be covered and organized directly by our office.

You are welcome to arrange travel before June 28th, as your visa status allows, but we cannot offer housing before official programme start. The same applies for the end of the programme. Student residence in Munich is available until August 31st. Housing in Cambridge is only provided until September 4th.

Keep all invoices (and proof of payment), train tickets, boarding passes, and other travel receipts for reimbursement of travel costs!

How to get LMU Munich on June 28th 2019

Arrival by airplane:

Please take the S-Bahn (S8 or S1) from the airport, which departs every 10 minutes. You will have to buy a ticket (either at a machine or the S-Bahn help desk), and be sure to validate it before boarding. To validate it you insert the ticket into a blue box, in which it gets a time/location stamp. The boxes are located at the entrances on the platform. Do not enter the platform or train without validating the ticket first.

Get off at “Marienplatz” and change to subway U6 in direction of “Garching Forschungszentrum” or U3 in direction of “Moosach”. Get off at the station “Universität”.

Fare: € 11,60 (single ticket, 4 zones)

Arrival by train:

Please take the S-Bahn from the main train station (“Hauptbahnhof”) to the station “Marienplatz” (many train choices). From there take the subway U6 in direction of “Garching Forschungszentrum” or U3 in direction of “Moosach”. Get off at the station “Universität”.

Fare: € 2,90 (single ticket, 1 zone)

Arrival by bus at ZOB (Central bus station):

At the central bus station (ZOB) you can take any “S-Bahn” in direction of “Hauptbahnhof”. Get off at “Marienplatz” and change to subway U6 in direction of “Garching Forschungszentrum” or U3 in direction of “Moosach”. Get off at the station “Universität”.

Fare: € 2,90 (single ticket, 1 zone)

Subway website:
www.mvv-muenchen.de/en/homepage/index.html

S-Bahn and U-Bahn route map:
Select “Urban rail network”
Programme staff will meet you on June 28th, 2019 between 2:00 p.m. and 3:30 p.m. at LMU. You can leave your luggage there.

**Time:**   June 28th, between 2:00 p.m. and 3:30 p.m.
**Address:** Geschwister-Scholl-Platz 1  
Subway U3/6, subway stop: “Universität”
**Location:** Lecture Room A 020, University Main Building  
[https://www.lmu.de/raumfinder/index.html#/building/bw0000/map?room=00000109A](https://www.lmu.de/raumfinder/index.html#/building/bw0000/map?room=00000109A)
**Note:** If you arrive late due to any plane/train/bus delay, please call the emergency phone: +49 (0) 1573-1665747.

### Opening Retreat

Make sure you are in room A020 at 3:30 p.m. At 4:00 p.m. programme staff will direct you to the bus that will take you to the Opening Retreat (June 28th to July 1st), organised south of Munich in Spitzingsee at the Alte Wurzhütte ([www.alte-wurzhuette.de](http://www.alte-wurzhuette.de)).

**Departure:**  June 28th, 4:00 p.m. sharp

The schedule for the Opening Retreat will be sent to you by email in June.

Before the return trip from Alte Wurzhütte, our staff will distribute public transportation tickets for Munich, the University Mensa (cafeteria) Card, and the first rate of the scholarship in cash, which is € 300. You will also receive a programme tote including programme information, a map of Munich, city information, as well as a map of Munich’s public transportation system (MVV).

### Start in the lab

On July 2nd you will start with your laboratory projects. You will be expected by your lab supervisors by 9:00 a.m.

Scholars should be prepared to begin lab work immediately, so please complete your literature review and background preparations before leaving for Germany!
Programme Activities

Online Programme Calendar
Dates, locations, and details for all activities can always be found on our website at: [www.amgenscholars.mcn.uni-muenchen.de/calendar/index.html](http://www.amgenscholars.mcn.uni-muenchen.de/calendar/index.html).

Please note: We will announce dates and locations closer to programme start, and will provide further details before each activity.

Slice of Science – Scholar project presentations (weekly, July 17th to Aug. 14th)
Scholars will meet once a week to discuss their research projects with one another. In these sessions, groups of 4 scholars will give a short (10 min.) presentation on their research project hypothesis(-ses), methods/techniques utilized, and current challenges faced. Each presentation will be followed by a short Q&A. The seminars (Slice of Science) will be catered with pizza and soft drinks. We highly recommend you to invite your mentors/tutors and lab colleagues to these sessions, and only ask that they RSVP to amgenscholars@bio.lmu.de at least 2 days beforehand.

Academic Workshops
Scholars participate in several workshops: Scientific Writing, Presentation Skills, Poster Design and Presentation, and Applying for a Graduate Position.

Insight in the Biotech Industry
To gain insight in the Biotech industry, scholars will tour the high-tech laboratories of Amgen Research Munich GmbH, as well as the IZB Martinsried, a hotspot for Life Science Start-Ups.

Munich Poster Symposium (August 30th)
Scholars will present their project posters to the Munich academic community, allowing an opportunity to prepare for the Cambridge Symposium, followed by programme closing remarks and lunch. Dress code is smart casual.

Cambridge Symposium (August 31st – September 4th)
Travel to and from the symposium will be arranged by the programme. Individual scholars are responsible for obtaining proper UK travel visas, if necessary. Scholars will present their project poster to other Amgen scholars from Cambridge, Karolinska, Pasteur, and ETH, as well as participating faculty and professionals. Dress code is smart casual for the symposium and formal for the closing dinner.

Excursions / Extracurricular Activities

Munich Sightseeing Tour by bus
Meeting Point: LMU Main Building, Geschwister-Scholl-Platz 1, at the fountain, U3/U6 subway station "Universität"
When: July 6th, 12:00 p.m.
Programme: City Tour Munich

Trip to city of Nuremberg by bus
Meeting Point: LMU Main Building, Geschwister-Scholl-Platz 1, at the fountain, U3/U6 subway station "Universität"
Departure: July 13th, 8:30 a.m.

MISU Summer Event
Meeting Point: LMU Building, Schellingstraße 3
U3/U6 subway station "Universität"
When: August 5th, 5:30 p.m.

Trip to castle Neuschwanstein by bus
Meeting Point: LMU Main Building, Geschister-Scholl-Platz 1, at the fountain, U3/U6 subway station Universität
Departure: August 15th, 8:00 a.m.

The costs for the bus and entrance ticket for the castle are covered by the programme. You are responsible for your food and beverages. Bring weather-proof clothing and proper shoes with you. Since we will be travelling by bus, you can always leave personal belongings in the bus.
Accommodation

July
Due to the extremely tight housing situation in Munich, in July students will be accommodated in private dorm rooms at two different locations in Munich: in Studentenstadt and in the Martinsried Campus. Both housing facilities are located close to bus or subway stations with a good connection to the university and laboratories, respectively.

August
In August all students will stay in bungalows in the student residence “Olympisches Dorf”, close to the subway station “Olympiazentrum” (Subway U3).
Here you will live in bungalows equipped with a bathroom and a small kitchen where you can prepare meals.

You will be provided with a plate, a cup, a bowl, a pan, and one set of silverware, as well as bedding (sheets and blankets), which can be cleaned at the laundry facilities close to the accommodation. Towels will not be provided. We kindly ask you to acquire them according to your own personal needs.

Please note that student apartments are geared towards student needs and financial means. As such, please do not expect apartments to meet claims on luxury comfort.

It is not allowed to pass the room to someone else or to sub-let it.

In Munich, tap water is drinkable and is of very good drinking quality.

Recycling is highly encouraged in Germany and therefore glass and plastic bottles, as well as metal cans come with a deposit (called “Pfand”) that you can get back by returning the bottles/cans.

Note: Student residence check-out August 31st
Students are expected to leave their rooms in a clean condition, and remember to return the key to their dorm supervisor. More information regarding dorm check-out will be provided in Munich.

Keys
Each student will receive one key/a set of keys for his apartment. Never leave your room without a key, because the door shuts easily. If you lose the key, it will cost you approx. € 150. Should this happen, during the day you can call the caretaker of the dorms. Between the hours of 4 p.m. and 7 a.m., you will have to call the locksmith and you will be charged approx. € 200!
Before you call a locksmith, please call the emergency number: +49 (0) 176 666 82778

Tip:
Should you get locked out at night, you might stay in a friend’s or fellow scholar’s room and ask the dorm supervisor to assist you the following morning.
Electricity
In Germany, electronic devices run at 220 – 230V with a frequency of 50 Hz. Please make sure that your plugs fit a type C or type F socket, or consider purchasing an electronic adapter before your arrival.

Monthly Transportation Pass
Monthly transportation passes for the duration of the programme will be provided to you as part of the benefits. In addition to the Mensa Card and your room key, the transportation passes will be handed out before the return trip to Munich after the Opening Retreat. For details see www.mvv-muenchen.de. Please note that you are required to have your IsarCard on you at all times when using the subway system; if you are caught without your card, then you will be required to personally pay the € 60 fine. Furthermore, you will be required to personally pay for replacement of a lost IsarCard.

Insurance
Health, Liability, and Accident Insurance is provided by the programme. You have already received an electronic copy of your policy. You will receive a printed copy of the original policy after your arrival in Munich, as you will need a copy of this whenever you should visit a doctor.

Note: The insurance is valid from June 27th until September 5th. If you plan to stay longer, please make sure to extend your insurance.

Phone
Cell Phones: Check with your current cell phone provider if it is financially feasible to change your current contract accordingly.

Prepaid Cards: You might also consider purchasing a SIM-card which has a German number and costs approx. € 15.00 to charge. You can use them with your own cell phone. Such cards can be bought at supermarkets and will make it easier for you to communicate with each other.

Please note: Most of the SIM-cards are not automatically micro or nano SIM-cards.

Internet at the Student Residence
All rooms in the student residence are equipped for internet access by Ethernet cable. Please bring your own Ethernet cable with you to be able to get internet access. Your working place will also have internet access; details will be provided by your labs here in Munich.

Internet at university buildings
You can eduroam in Munich!
eduroam (education roaming) is an international roaming service for users in research and higher education. It provides researchers, teachers and students easy and secure network access when visiting another institution. You do not have to pay for using eduroam.

Information: www.eduroam.org

Use of the Munich open spaces
You can also use M-WLAN and @BayernWLAN, two free Wi-Fi networks in Munich open spaces. For more information please visit: https://www.wlan-bayern.de/#/ and https://www.muenchen.de/int/en/tourism/important-information/phone-internet/hotspots.html
Eating & Refreshments on Campus

You will have access to various cafeterias, according to your lab location:

Max-Planck-Institutes of Biochemistry and Neurobiology:
Cafeteria on MPI campus (hours: 11:30 a.m. – 1:30 p.m.)

BioCenter LMU:
Cafeteria in building D
(daily menu: [www.studentenwerk-muenchen.de/mensa/](http://www.studentenwerk-muenchen.de/mensa/)
(Mo-Th: 11:00 a.m. – 3:00 p.m., Fr: 11:00 a.m. – 2:00 p.m.)

LMU Department of Physiology/Adolph-Butenandt-Institute:
Cafeteria in Schillerstraße 47 or in Goethestraße 70
(daily menu: [www.studentenwerk-muenchen.de/mensa/](http://www.studentenwerk-muenchen.de/mensa/)
(hours: 11:00 a.m. – 2:00 p.m.)

Max-Planck-Institute of Psychiatry:
Cafeteria in the MPI (hours: 11:30 a.m. – 2:00 p.m.)

TUM Garching Research Center:
Cafeteria in Boltzmannstraße 15 or in Lichtenbergstr. 2, Garching
(daily menu: [www.studentenwerk-muenchen.de/mensa/](http://www.studentenwerk-muenchen.de/mensa/)
(hours: 11:00 a.m. – 3:00 p.m.)

TUM Klinikum rechts der Isar:
There is a kiosk (hours: M-F 7:15-18; Sa,So,holiday 8-12) and a café/cafeteria
(hours: M-F 8-20, Sa,So,holiday 12-20:30), where you need to pay cash.

LMU Department of Pharmacy, University Clinic Großhadern, Gene Center:
Butenandtstraße 13 (Building F)
(daily menu: [www.studentenwerk-muenchen.de/mensa/](http://www.studentenwerk-muenchen.de/mensa/)
(hours: 11:00 am – 3:00 pm)

Mensa Card

In the cafeterias managed by the Student Union or “Studentenwerk”
(such as the BioCenter, on Schillerstraße or Goethestraße) you will have
to pay with a “Mensa Card” (i.e. Cafeteria Card), a chip-based electronic
purchase system.

For the Max-Planck-Institute cafeterias, you will need to pay cash.

You will receive a Mensa Card for meals during workshops. Credit may be
put on the cards at certain loading terminals (called “Aufwerter”) at the
entrance area of each cafeteria (operating with bills and credit cards).

The Mensa Card will be handed out during the Opening Retreat.

Facebook

To allow you to get in contact with other students from the Amgen or
MISU programmes before your arrival in Munich, we have set up a
Facebook presence. To get in contact with the other participants from the
programme follow the link below or scan the QR code and click on the
“going” button

[https://www.facebook.com/events/2010460512588596/?event_time_id=2010460515921929](https://www.facebook.com/events/2010460512588596/?event_time_id=2010460515921929)
Sports Activities

In Munich the sport locations of the university are restricted to long-term students of the LMU. We can recommend you some possibilities open to the public.

Outdoor activities: Munich has a lot of large parks, such as the English Garden, the Olympic Park or the Luitpold Park. These green areas are great for jogging, playing soccer or other outdoor activities.

Biking: Munich is an excellent city for biking. Bikes can be rented for day trips (Radverleih i. HBf., Hauptbahnhof) or at any time when using services such as “MVG Rad”. You can find out more info regarding biking in Munich here: [www.muenchen.de/int/en/traffic/biking.html](http://www.muenchen.de/int/en/traffic/biking.html)

Swimming: There are a variety of excellent public swimming halls and outdoor pools all around Munich, for example the Olympic Swimming Hall (Coubertinplatz 1). The regular entrance fee is 4.70 € for 3 hours. For an economic alternative, entrance fees are reduced for early (before 10:30 a.m.) and late swimmers (after 8:30 p.m.). Also look at the SWM Munich website for a full listing: [www.swm.de/english/m-baeder.html](http://www.swm.de/english/m-baeder.html)

Sauna: The swimming halls are usually combined with a sauna facility. The regular entrance fee for the sauna (access to swimming pool included) at the Olympic Centre (Coubertinplatz 1) is € 18 for 4 hours. After 8:00 p.m. the entrance is reduced to € 12.50. Also look at the SWM Munich website for a full listing: [www.swm.de/english/m-baeder/sauna.html](http://www.swm.de/english/m-baeder/sauna.html)

Tennis: One possibility to play tennis is at the courts of Olympic Centre (Spiridon-Louis-Ring 21), where tennis rackets may be rented. The prices vary between € 9.50 and € 17.00 depending on the time of day and which day of the week. You should make a reservation beforehand by calling 089/30 67 - 2689: [www.olympiapark.de/en/sport-leisure/outdoor/tennis](http://www.olympiapark.de/en/sport-leisure/outdoor/tennis)

Gym: For most gyms, a membership of several months is required. Some centres offer tickets in packets of ten, which can be shared by several students. Information can be found here: [www.mcfit.com/de/](http://www.mcfit.com/de/)

Shopping Facilities

Opening hours / General

Opening hours are usually 8:00 a.m. – 8:00 p.m., although smaller shops, such as bakeries, often close earlier. Please note that all shops and supermarkets are closed on Sundays and holidays (e.g. 15th August), with the exception of some shops at the central train station (“Hauptbahnhof”) or gas stations. Some bakeries are open on Sunday before mid-day.

Shopping Malls

The best option for shopping is the pedestrian zone in the city center between Marienplatz and Karlsplatz. Munich has some shopping malls outside of the city center, such as the “Olympia-Einkaufszentrum” (U3 > Olympia-Einkaufszentrum; [www.olympia-einkaufszentrum.de](http://www.olympia-einkaufszentrum.de)), “Riem Arcaden” (U2 > Messestadt-West; [riemarcaden.de](http://riemarcaden.de)), Einkaufs-Center Neuperlach - pep (U5 > Neuperlach Zentrum; [www.einkaufszenter-neuperlach.de](http://www.einkaufszenter-neuperlach.de)), “PasingArcaden” (S-bahn > Pasing; [www.pasing-arcaden.de](http://www.pasing-arcaden.de)).

Miscellaneous

The Amgen Scholars Programme Coordination Office (学术关注):

Dr. Raluca Goron (Programme Director)
Tel.: +49 (0)89 218074243
[amgenscholars@bio.lmu.de](mailto:amgenscholars@bio.lmu.de)
[www.amgenscholars.mcn.lmu.de](http://www.amgenscholars.mcn.lmu.de)
Emergency phone: +49 (0) 1573-1665747
Please only use the emergency number responsibly!

MISU Office (社交和住宿问题):

Please send an email to: [service@lmu-misu.de](mailto:service@lmu-misu.de)
Emergency telephone number: +49 (0) 176 666 82778
Please only use the emergency number if it is a real emergency!
(This number is for the programme students only).
Mail / Postal Service
If you would like to receive mail or packages please ONLY use the following address:

Your name
Amgen Scholars Programme
Munich Center for Neurosciences - Brain & Mind
LMU BioCenter
Großhaderner Straße 2
82152 Planegg-Martinsried, Germany

Useful Telephone Numbers

Emergencies:
Police 110
Fire Brigade/ Emergency Medical Aid 112
Emergency Services: Rapid Medical Assistance 116 117
Emergency Dental Service +49 (0)89 7233093
Lost Maestro- or credit cards 116 116

Others:
Taxi +49 (0) 89 21610

Religious Institutions in Munich

Roman Catholic Church
Theatinerstraße 22
Subway U3/U6 Station: Odeonsplatz
Information: +49 (0) 89 2106960
www.theatinerkirche.de

Protestant (Reformed or Christian) Church
Reisingerstr.11
Subway U3/U6/U1/U2 Station: Sendlinger Tor
Information: +49 (0) 89 26 53 42
www.reformiert-muenchen.de

Jewish Synagogue
St.-Jakobs-Platz 18
Subway U3/U6/U1/U2 Station: Sendlinger Tor
S-Bahn S1 – S8 Station: Marienplatz
Information: +49 (0) 89 20 24 00 100
www.ikg-m.de

Islamic Mosque
Al Balkan Moschee
Islamische Gemeinschaft “Balkan” e.V.
Karlstraße 43
80333 München
http://www.moscheesuche.de/moschee/stadt/Muenchen/6751

Russian Orthodox Church
Lincolnstr. 58
Subway: U1 Station: Sankt-Quirin-Platz and
Bus 220/147 Station: Lincolnstraße
Information: + 49 (0) 89 690 07 16
www.sobor.de
**English-Speaking Doctors and Medical Care Services**

*Travel insurance has been arranged for you.*

*Please read the information document about your insurance very carefully. You will receive it at the opening retreat. It has important information about doctor’s visits.*

**Emergency Medical Service (for minor injuries and illness)**

KVB-Bereitschaftspraxis Elisenhof  
Priemayerstr.3 (Elisenhof)  
Mo, Tu, Th: 7:00 p.m. - 11:00 p.m.  
We, Fr: 2:00 p.m. - 11:00 p.m.  
Sa, Su: 8:00 a.m. - 11:00 p.m.

Main Train Station  
Tel. +49 (0)89 116 117  
www.kvb.de

Klinikum Schwabing (24 hours, for major injuries/issues – waiting time might last 4 hours and more if it isn’t an emergency)

Klinikum München  
Kölner Platz 1  
80804 München  
Telefon: 089/ 3068 - 0  
Telefax: 089/ 3068-3770  
Internet: https://www.klinikum-muenchen.de/schwabing/

Klinikum Großhadern (24 hours)

Campus Großhadern  
Marchioninistraße 15  
81377 München  
Telefon: +49 89 7095-0  
Internet: http://www.klinikum.uni-muenchen.de/